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St Andrews Christian College Newsletter 2023

Issue 7 · 31 Jul 2020

In this issue



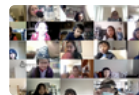
Principal's Message



Keep on Learning



SACC News



Keep on Connecting



Keep Informed



Keep on Caring



Principal's Message

Mrs Wansbrough receiving birthday well wishes from St Andrews Students earlier in the year.

Dear Friends,

It's really interesting observing peoples' responses to COVID-19.

There are those who are angry and take out their anger on others (including shop assistants and teachers!); those who are fearful and always negative; those who live in denial and dismiss factual evidence to rely on conspiracy theories; and those who refuse to wear masks because it impinges on their personal freedom. There are also people who are sacrificing their health (medical workers) to save the sick; and, many people going out of their way, above and beyond, to serve those in need.

The way we respond to all that is happening in the world is often reflected by our worldview. Our worldview is formed by many factors such as our culture, experiences and family background.

What worldview is impacting your personal response to the current situation?

The way we respond to events such as COVID-19 and life in general, should be based on a **biblical worldview**. Our knowledge of God and His Word; our relationship with God and our relationships in community, help form a biblical worldview and leads us to respond to life in ways that reflect God.

We are called to love God, love others, then ourselves. God calls us to trust Him and to obey and respect our elders and government. That should be the way we respond to COVID-19!

I can't trust my responses, energy levels and my limited amount of 'patience', but I can daily surrender to God and allow Him to transform me and help me to shine for Him, despite what I am experiencing or feeling. His grace is sufficient!

My grace is sufficient for you, for my power is made perfect in weakness. Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

2 Corinthians 12: 9-10

May we all develop a worldview where we can see God in everything, even the little things of a normal day. May we know who God is, why we exist and how to live a life that reflects Christ in all we do and experience.

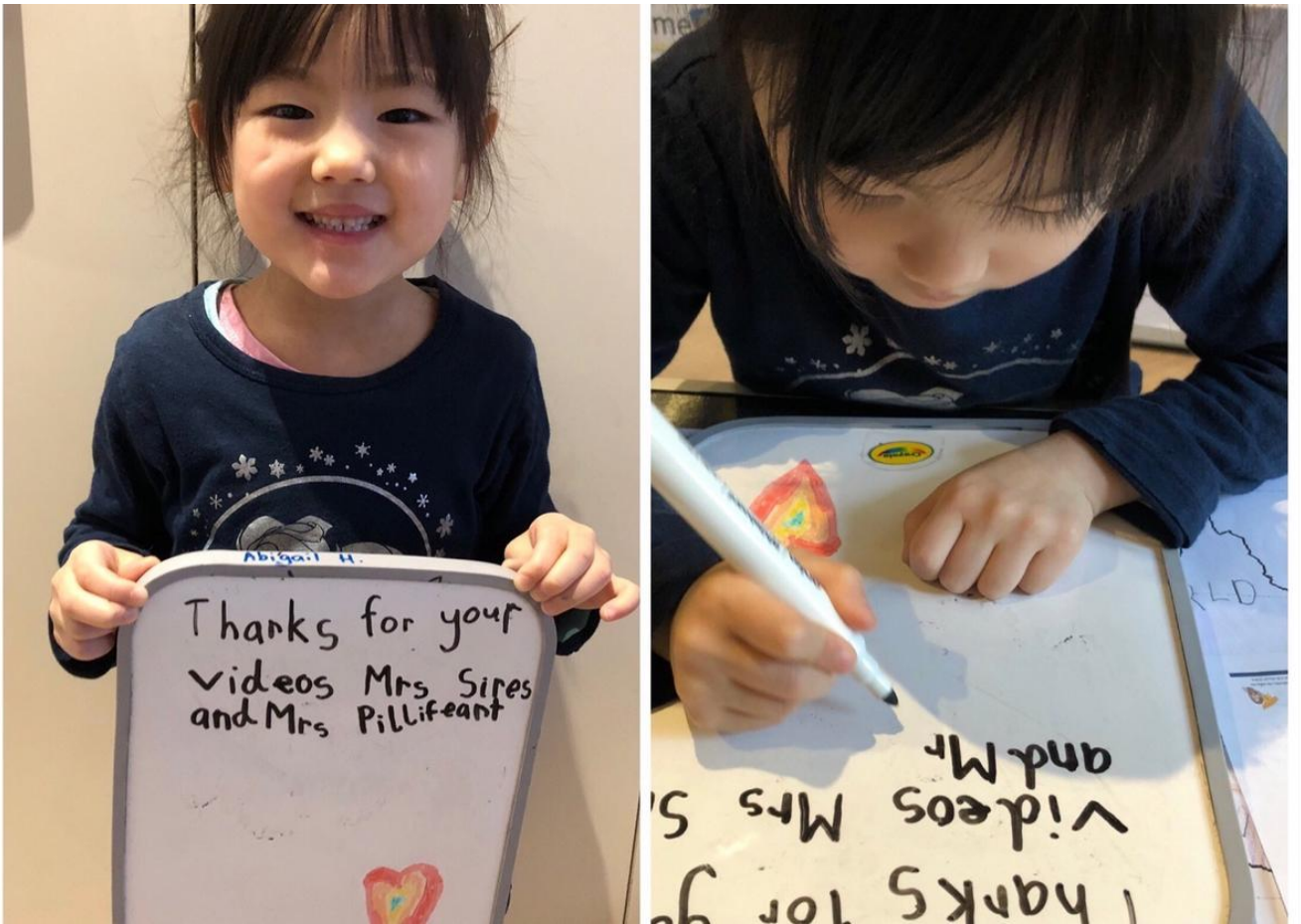
This is Christian Education! At St Andrews Christian College, we have the wonderful privilege of helping our students (and each other) develop a biblical worldview, to help our students know God and know their purpose in life. How precious is that?

During this difficult time of COVID-19 we learn to focus on the important things in life, the 'Treasure that Lasts' rather than on what we are missing out on in our LOCKDOWN!

Every blessing,

Mrs Catriona Wansbrough

Principal



SACC News

Prep Student Abigail shares her gratitude for videos created by her Teachers

Continuous Online Learning for Prep - Year 9 Students Returns in Term 3

Remote Learning 2.0 has begun with a huge effort from staff and parents. This time round we have tried to increase the amount of face to face, live interactions with our gorgeous Junior School students basically because we miss them so much.



The Year 3s and Year 4s are having some Zoom lessons, just like the Senior students and they have been amazing at engaging and learning in a different way. The Prep students

have even been having “Show and Tell” over Zoom, including some very intense games of “Man in a Box” which is really something to behold.

I would like to encourage all our amazing parents who are again supporting their children as they learn on line. All the work you do is ultimately an act of worship to God who called you and most importantly equipped you to do it – no matter what kind of work it is.

Hebrews 13:21 says God will “equip you with everything good for doing his will, and may he work in us what is pleasing to him, through Jesus Christ, to whom be glory for ever and ever. Amen”

The knowledge that we do not do any of this alone but that God himself equips us is a great encouragement. We are praying every day for you all and your amazingly resilient children.

May God keep you safe.

Mrs Yvonne Hughes

Head of Junior School

Resilient Year 12s

It’s a concept that we try to instill into our children and students from a very early age; the “how to bounce back” when things don’t go as expected. As a school we often talk about how to build resilience into our students in a range of situations: social, emotional and academic, among others.



The students in the Senior School have been given a tough test of their resilience (so have teachers and parents!). I have been amazed at the character that our St Andrews students have displayed during this school year. This has been typified by our Year 12 students. These students have missed some of those “milestones” that normally mark a final year of schooling including their camp and some other community events.

As a school we are consistently reevaluating ways we can provide for some fun and memorable experiences for our Year 12s. In the ever-changing landscape of rules and restrictions this year has afforded, we have yet to put many of these plans into action—but we look forward to the possibility of celebrating later in the year.



Year 12 students have surely demonstrated resilience. They are the ones continually pushing to complete their schoolwork when it has to be done online. They eagerly adapt to new social distancing regulations, wiping tables down before each class, wearing masks, temperature checks and more! I feel encouraged (and sometimes convicted) by our students that if they can handle the changes that 2020 throws at them during an otherwise stressful time—then surely, I should be able to as well!

So to those students, and parents, thank you! Thank you for your patience, encouragement and support of our school community this year. I feel more confident than ever that our Year 12s will leave this school with a resilient spirit—ready to tackle any challenge which will come their way.

Mr John Presant

Head of Senior School

Parent News

Independent Schools Victoria have created “The Parents Website”

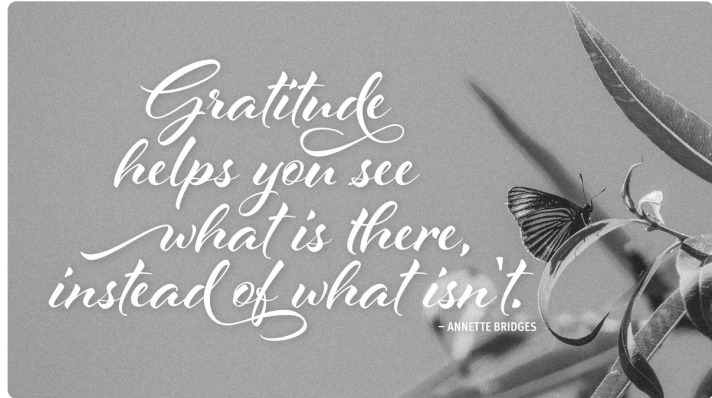
<https://theparentswebsite.com.au/> to provide resources for parents to assist their children during this period of remote learning.

The following points gleaned from the site, along with some additions, may be of assistance:

The gift of gratitude

Parents can help children acknowledge their gratitude – for home, family, friends, opportunities to learn, and hopefully, good health. The loss of ready access to these can be a powerful lesson in appreciating what perhaps was taken for granted before lockdown.

Gratitude is increasingly recognised as a powerful factor in promoting resilience and wellbeing in children and adults alike. Learning to pay regular attention to what we have, rather than focusing on what we do not have, can inoculate us from negativity and promote optimism.



This truth is nothing new for those who know their scripture.

The Bible contains numerous references to gratitude:

1 Thessalonians 5: 16-18: *"Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus."*

Psalms 100: 4-5 *"Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name. For the Lord is good and his love endures forever; his faithfulness continues through all generations."*

Colossians 3: 16-17 *"Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him."*

The importance of organisation and time management

Self-management skills have been a great challenge for some children during home-based learning and their parents may have seen first-hand how their child struggles with distractions, has a poor sense of time, doesn't have what they need for lessons or never records homework tasks. Remote learning may have resulted in your child missing prompts from teachers and other students and has subsequently exposed your child's positive opportunity to develop enhanced organisation and time-management skills.

These micro skills impact academic progress and achievement across all ages and parents are key in their development.

Using a diary every day, getting books and other materials ready for the next day, proactively managing distractions and having an effective routine are the habits that every student needs to acquire. While some will struggle with these executive functions, when parents scaffold, model and explicitly teach these skills, their children will reap the benefits lifelong.

The advantages of student agency

The importance of proactively asking teachers for help is another vital aspect of student agency that has been highlighted during remote learning. The questions below are a simple framework to teach your child, no matter what age:

- Do I know what **tasks** I have to do?
- Do I understand what **order** I need to do the tasks?
- Do I know **how** to do each task?

If the answer is 'no' to anyone of these questions, encourage your child to ask their teacher, either online or in person.

As a College, the teaching and support staff are here to assist all students in their learning and know that with your support we will successfully navigate this period of remote learning.

Michael Swanborough

Head of Learning and Teaching

Outside School Hours Care News

Check out the PDF Newsletter to see more of what's been happening in OSHC.



oshc branches july 2020.pdf

Gallery..... OSTC Holiday Program

They say a photo is a 1000 words so here are some photos that will clearly show the joy of the day and its theme, and a few words to help!



Slime making



Making signs for the wheels day



Making jewellery



Art day tried some still life



Blind fold tasting & judging for creations made



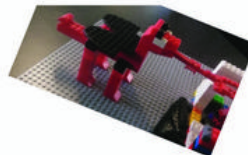
Shark Tank Inventions

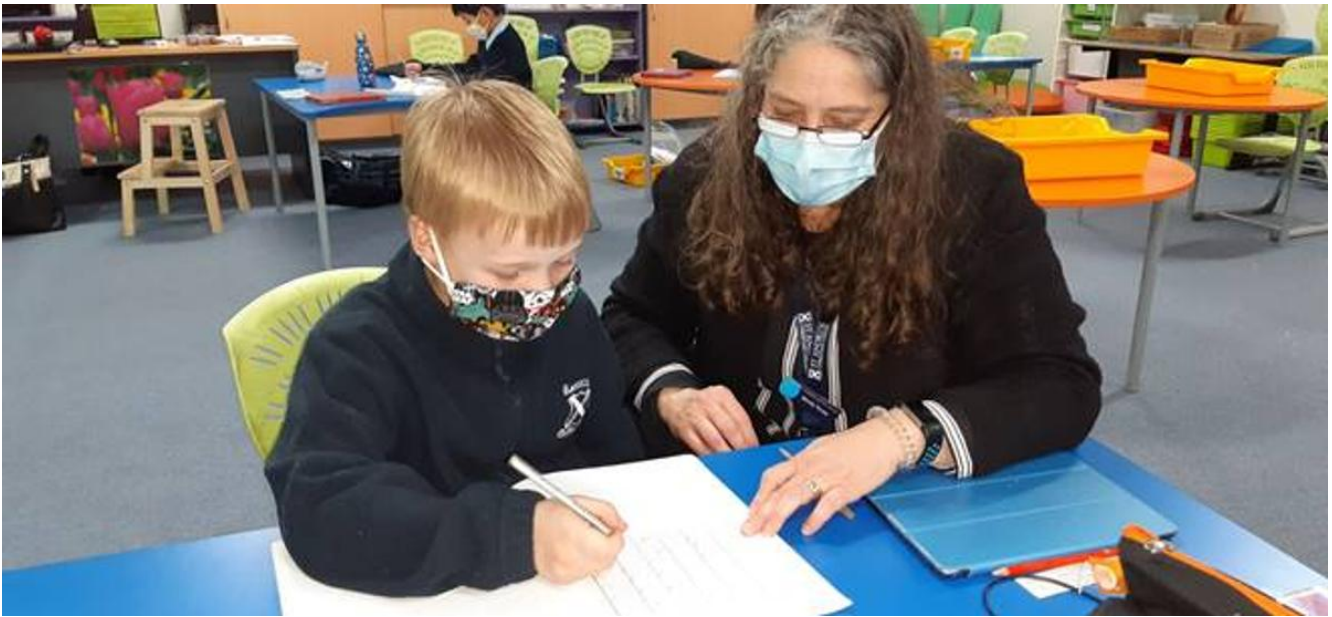


MasterChef



Lego creations





Keep Informed

The Parents Website

The Parents Website is an initiative of Independent Schools Victoria, providing a curated selection of news, features and resources for parents on raising and educating children.



We would like to remind you of the excellent resources on ISV's [Parents Website](#) which offer expert information and open access to useful resources and reassurance during this time of COVID-19 crisis. This is a free site, expertly curated and available to all, and we encourage you to have a look.

Mrs Catriona Wansbrough

Principal

Enrolments for 2021

We have commenced our planning for 2021 and confirming places for new students to start in Term 1, 2021. Unless we have been advised, we are assuming that all current

students will be returning to the College in 2021.

If a student is not returning to the College, in line with the enrolment policy, one term's notice in writing is required. If the notice is not received on time, one term's tuition fees in lieu of notice will be charged. This requirement is clearly noted in the Enrolment Agreement Form which all parents/guardians signed when their child(ren) was enrolled.



To assist with our planning we ask you to advise the College by Friday 18th September 2020 if a student is not returning to the College in 2021. The notice should be addressed to the College Registrar and can be sent via email to registrar@standrews.vic.edu.au. It will be helpful to receive this notice as soon as possible as it will allow us to offer any vacant places to students on our waiting lists.

If there are siblings of current students wanting to enrol at the College, it is important that parents submit an enrolment application two years prior to commencement of their planned entry. This allows the College to provide a priority place for siblings of current students.

Please do not hesitate to speak with the Registrar, Mrs Suzy Song (8847 8309) if you have any concerns regarding this information or if you need clarification in any way.

Mr Darren Waterworth

Business Manager

College AGM

Dear College Community,

On behalf of the St Andrews Christian College Board of Directors, I would like to invite you to attend the 2020 Annual General Meeting to be held at 7:30pm on Thursday 27th August 2020. Because of the current restrictions, the AGM will be held via Zoom.

To register and participate in the AGM, please click this link <https://standrews-vic-edu-au.zoom.us/meeting/register/tJlkf-ihrtwoE9W2RI0L3F6mOAYSHmRkI2YV>

Please refer to the AGM Agenda for further information. If you require any clarification about the AGM, please don't hesitate to contact me – dwaterworth@standrews.vic.edu.au

 AGM Notice 2020.pdf

Mr Darren Waterworth

Business Manager

Wearing of Masks at St Andrews

Dear Parents and Friends,

The Victorian Government recently announced further measures to control COVID-19, including the mandatory use of face masks in Metropolitan Melbourne and Mitchell Shire.



In summary, when people in those areas leave their homes for permitted reasons - to shop for essentials; to provide care; for exercise; and to work and study if it can't be done at home – they will be required to wear a mask or face covering. The fine for not wearing a face covering will be \$200. This [announcement](#) and subsequent comments by the Premier to the media included details regarding schools, teachers and school-age children.

Although the Government has stated that children under 12 years of age do not have to wear masks at school, **we will be requiring everyone who is on site at St Andrews Christian College to wear a mask. That is all staff and all students are to wear masks when at school.**

If for some reason you are not able to wear a mask, please contact either Tim Farnilo (Deputy Principal) or myself for permission. If people are on site all day at the College, they will need to bring spare masks (preferably in a zip-lock plastic bag).

Instructions for MASK wearing:

- Ensure mask covers mouth and nose, fitting the face snugly.
- Wear single use surgical masks or cloth masks.
- BYO masks to school in a snap-lock (zip-lock) bag.
- Surgical masks: do not reuse masks and refresh with a new one after lunch or if mask gets too damp.
- Cloth masks need to be washed after use.
- Wash hands before putting a mask on and before taking one off.
- Don't touch your face while wearing a mask without first sanitising your hands.
- Don't remove your mask to talk with people.
- Dispose all used masks in the bin – except if they are made cloth masks – which need to be washed and dried before use again.
- Cloth masks preferably have 3 layers.
- Masks must be worn all day, not just in class time (with the exception only for consuming food or drink).
- Everyone will be expected to wear a mask on the way to and from school.



Miss Mardi Easton has kindly offered her helping hands providing opportunities for staff and students to sew their own reusable masks during recess and lunch breaks.



For information about common Mask Myths and FAQs [click here](#).

HOW TO WEAR A NON-MEDICAL FABRIC MASK SAFELY

Do's →



1 Clean your hands before touching the mask

2 Inspect the mask for damage or if dirty

3 Adjust the mask to your face without leaving gaps on the sides

4 Cover your mouth, nose, and chin

5 Avoid touching the mask

6 Clean your hands before removing the mask

7 Remove the mask by the straps behind the ears or head

8 Pull the mask away from your face

9 Store the mask in a clean plastic, resealable bag if it is not dirty or wet and you plan to re-use it

10 Remove the mask by the straps when taking it out of the bag

11 Wash the mask in soap or detergent, preferably with hot water, at least once a day

12 Clean your hands after removing the mask

A fabric mask can protect others around you. To protect yourself and prevent the spread of COVID-19, remember to keep at least 1 metre distance from others, clean your hands frequently and thoroughly, and avoid touching your face and mask.

who.int/epi-win 

Thank you for your cooperation to help keep everyone safe!

Mrs Catriona Wansbrough

Principal

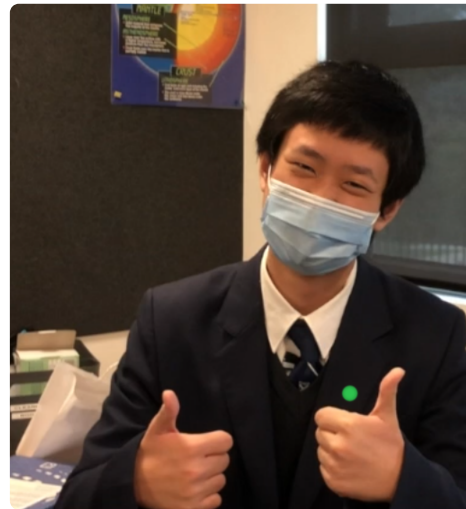
Temperature checking at St Andrews

In order to support community awareness of the symptoms of coronavirus (COVID-19) and to help identify children displaying symptoms, all schools located in Metropolitan Melbourne and Mitchell Shire have been instructed commence temperature screening of students while the Stay at Home restrictions are in place. This process however is something we at St Andrews have had in place for some time.

As a reminder to our community we'd like to outline our process as this is an important public health measure to promote awareness of symptoms associated with coronavirus (COVID-19) and to ensure that unwell students remain at home.

The following process for students and staff who are on the school campus applies:

- Temperature is to be checked at one of the following locations by a designated staff member; Middle School entrance, Senior School entrance, Head of Junior School Office, Reception & MPH Kitchenette for those Prep – Year 9 students who are undertaking learning on-site.
- Once the temperature has been taken, the **student or staff member** will be given a coloured sticker. They will be required to wear the **allocated coloured sticker** on their uniform or clothing to identify that their temperature has been taken for the day.



If you have any questions regarding this process, please contact Mrs Cheryl Pajor at Reception.

Mr Tim Farmilo
Deputy Principal

College Operations Information

Dear College Community,

Throughout the year the College is required to provide various government departments with information regarding the College's operations.

Please refer to the attached letters providing details of the information that we will provide for the *2020 Non-Government School Census* and the *Nationally Consistent Collection of Data on School Students with Disability*.

 STACC_2020_NonGov_School_CensusCollection.pdf

 NCCD_Newsletter 31.07.2020.pdf

If you require any further information or explanation about the information the College will provide, please contact Darren Waterworth (Business Manager) who manages this process.

Your sincerely,

Catriona Wansbrough

Principal



Keep on Learning

Learning in class while maintaining physical distancing.

Year 9 Shark Tank

St Andrews Year 9 students worked hard during the last few weeks of Term 2 on their Shark Tank pitches. Much like the TV series of the same name, the students created a business idea that is devised with the main purpose of helping a cause, which they then pitch to the business Sharks (John Presant, Homar Pardo & Myself).



On the final day of Term 2, all 11 entrepreneurial groups presented their businesses to the Sharks who were astounded. A stand out business and crowned winners were called '*Let's Taco bout it*' – a Mexican food truck that provides hospitality training and employment for those suffering with mental illness.

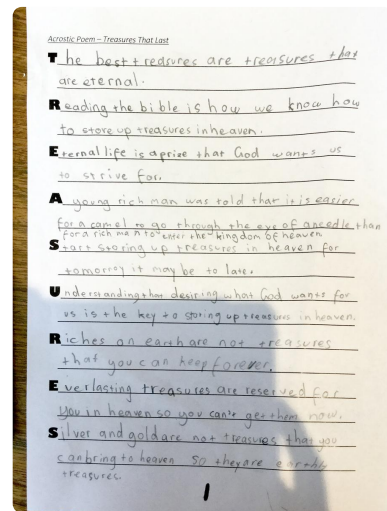
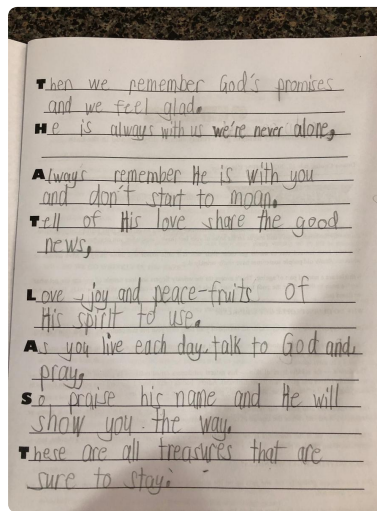
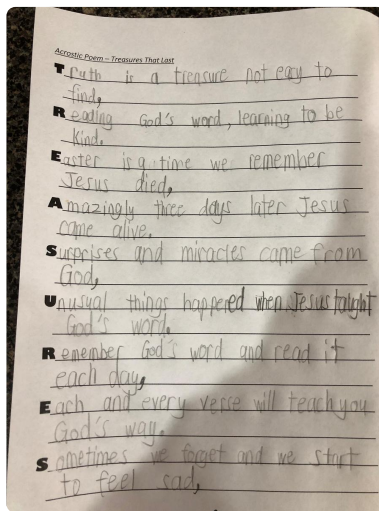
We are so very proud of our Year 9 students and their passion for different people in need.

Cailyn Holland

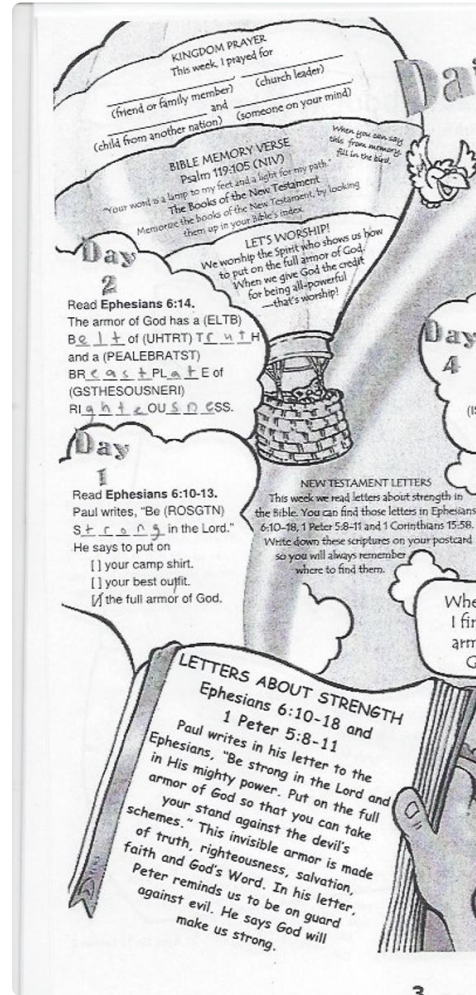
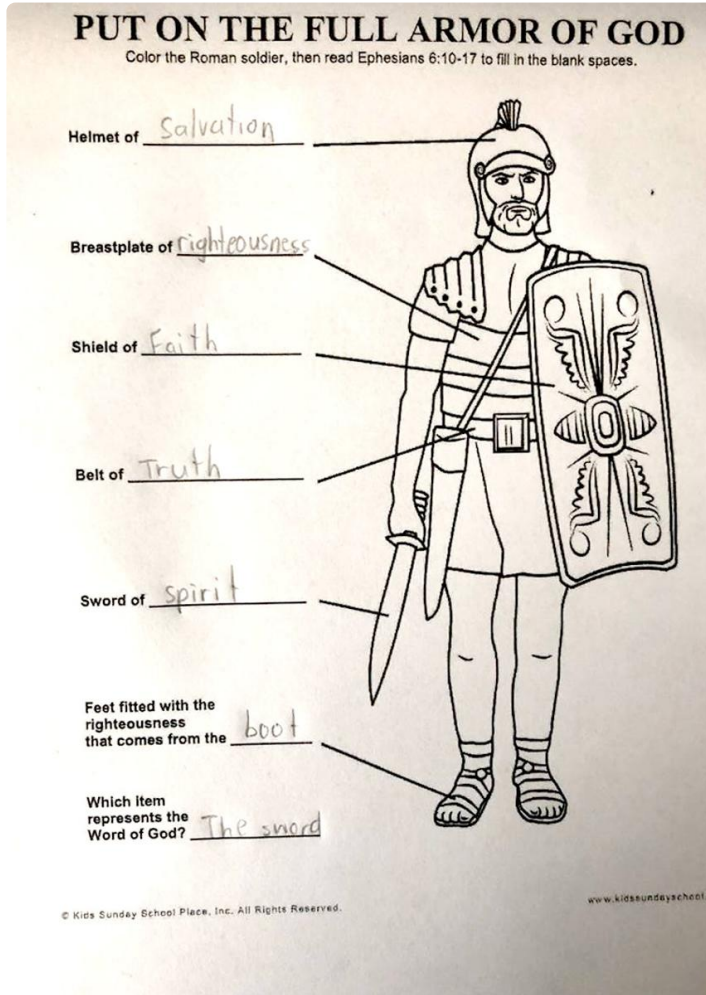
Senior School Teacher

Year 4 Poem Writing

Year 4 have been studying poetry this term and we have done an acrostic poem from our Theme for the year – Treasures in Heaven.



Students in Year 4 have also been studying the Armour of God and choosing God's ways.



This week we have also created some autobiographical poems:

Autobiographical Poem of Jacob Zhao

Jacob
Funny, kind, caring
Brother of Gracie
Who loves making origami, reading and playing outside
Who feels that origami is the best hobby
Who needs his parents, God and his friends to feel safe and happy
Who gives food, help and care to people
Who fears to be alone, spiders and people scaring him
Who'd like to see Uluru
Who dreams of becoming an engineer
A student of Mrs Cheung
Jacs

Autobiographical poem of Haim Yun

Haim

Shy, quiet, honest

Sister of Jonathan, Isaac, Haley and Timothy

Who loves reading, art and school

Who feels that drinking hot cocoa with a fire on is relaxing

Who needs family, friends and God

Who gives comfort, help and encouragement to friends and family

Who fears being alone, loud noise of thunder and failures

Who'd like to see heaven

Who dreams of peace and love on earth

A student of Mrs Cheung

Haim

Autobiographical Poem of Abygail Xiao

Abygail

Funny, caring, kind

Daughter of Allan and Rachel

Who loves her friends, food and drawing

Who feels calm on raining days

Who needs food, love and care

Who gives love, kindness and help

Who fears spiders, cockroaches and aliens

Who'd like to see Emma Watson

Who dreams of shapeshifting

A student of Mrs Cheung

Abby

Mrs Gail van Heerden & Mrs Paige Cheung

Year 4 Teachers

Year 12 Studio Arts

Year 12 Studio Arts students are in the process of producing their final artworks. These artworks are the culmination of a year long folio investigation. It has been a joy to see students investigating themes of identity and worldview, as they have learned to express their God-given creativity.



Mr Tom Gibbs

Middle School Drama

This week the Year 6 and Year 7 Drama students had a task: “To create the best Dancing Elephant”. Here are a few!

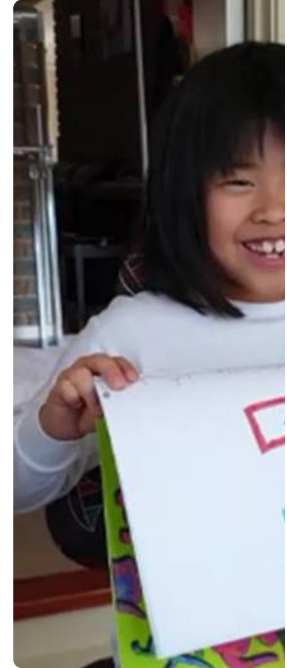
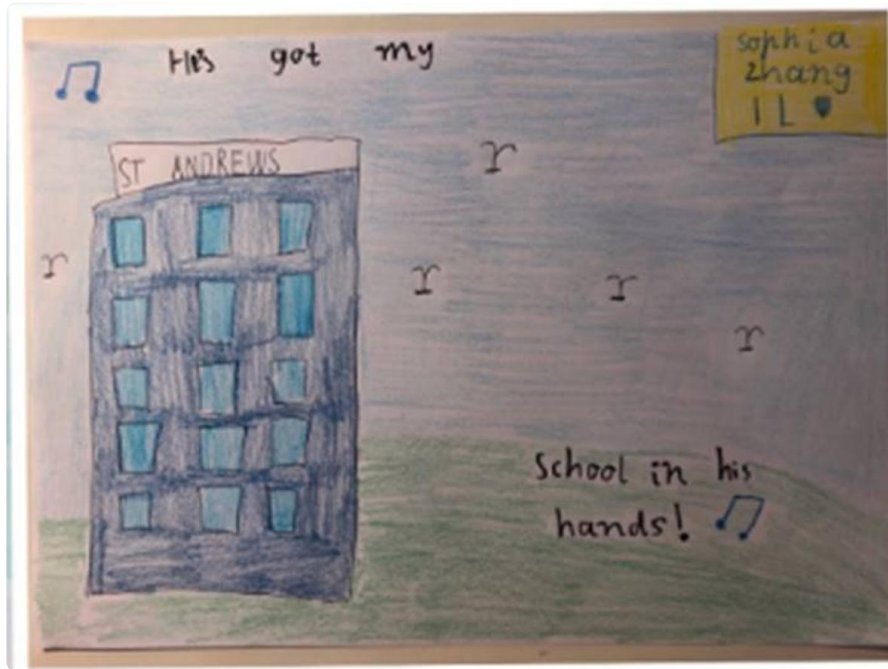
Year 7 Drama - Synchronisation & Symmetry

Year 7 students performed live on Zoom for their Drama class, using the concepts of synchronisation and symmetry to create a storyline.

Mrs Karen Elbourne,
Drama teacher

Music Lessons - Continuous Online Learning

The students have done LOTS of amazing work – St Andrews younger students were asked to add their own lyrics to the song ‘He’s got the whole world in His hands’!



God bless our beautiful families, singing about God's sovereignty and the trust we have in Him! Some amazing lyrics are as follows:

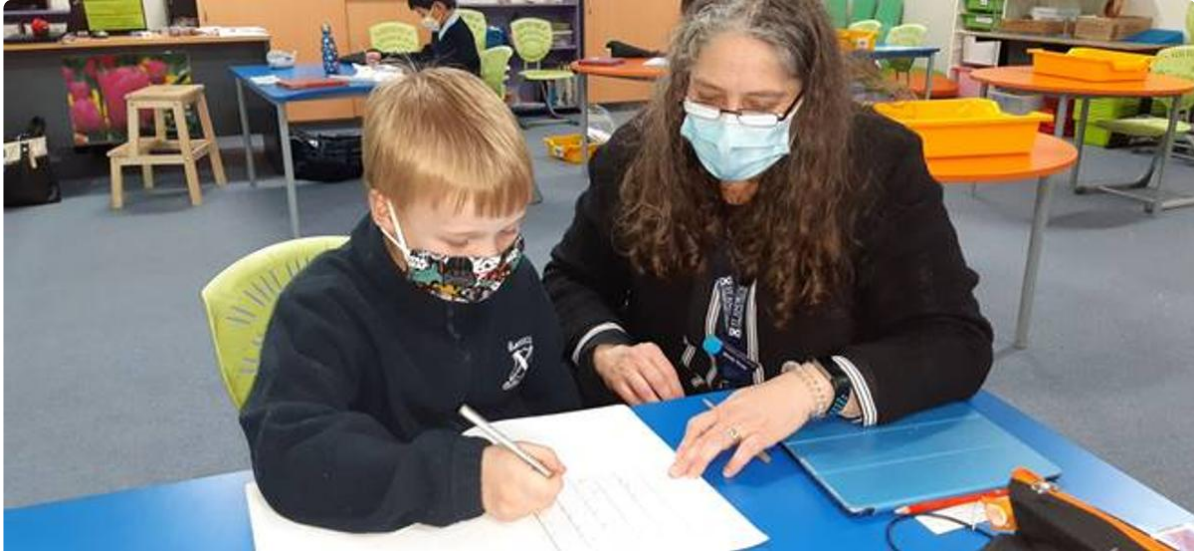
- He's got COVID-19 in His hands!
- He's got St Andrews College in His hands!
- He's got our online learning in His hands!

Rachel Ranger

Primary Music Teacher

Building on, Trusting in God and Working Together

Continuous Online Learning is no longer new to us, but we are endeavouring to build on and improve how we support students in their learning. It still means trying and learning new ways, looking at what works best for different students and working together to push through and trust in God in the face of difficulties and challenges.



Wendy Punay working with Liam Harmer

It is still our aim in Learning Support is to help you to enable your child/ren to keep learning, to build on what they already know, to work together in new ways and to put faith and trust in God even when things are uncertain.

This term we are really excited to introduce Wendy Punay as the new Primary Learning Support Teacher. Wendy is an experienced teacher who has vast experience teaching Primary aged students both in Australia and in the Philippines. We have already been blessed by her input.

If you need further support or help please email Learning Support:

Shirley Gillie on sgillie@standrews.vic.edu.au

Wendy Punay - Learning Support Teacher - Primary wpunay@standrews.vic.edu.au

Kerryn Terrington - Learning Support Teacher – Secondary

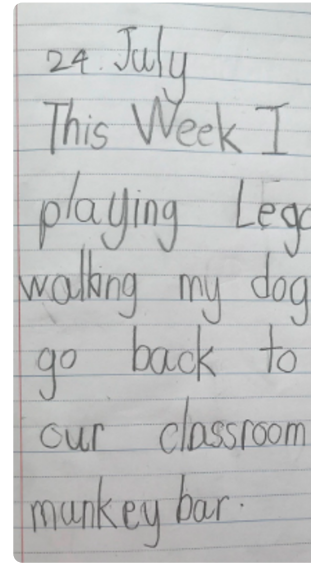
kterrington@standrews.vic.edu.au

Shirley Gillie

Head of Learning Support

Preps impress with their writing skills

Students in Prep have been learning well on and off campus and we're pleased to see some wonderful examples of their work along with lovely handwriting.



Mrs Sonia Sires & Mrs Shellene Pillifeant

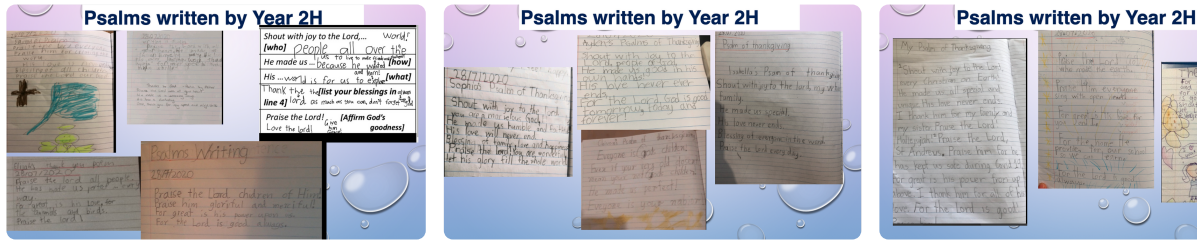
Prep Teachers

Year 2 Create Psalms of Thanksgiving

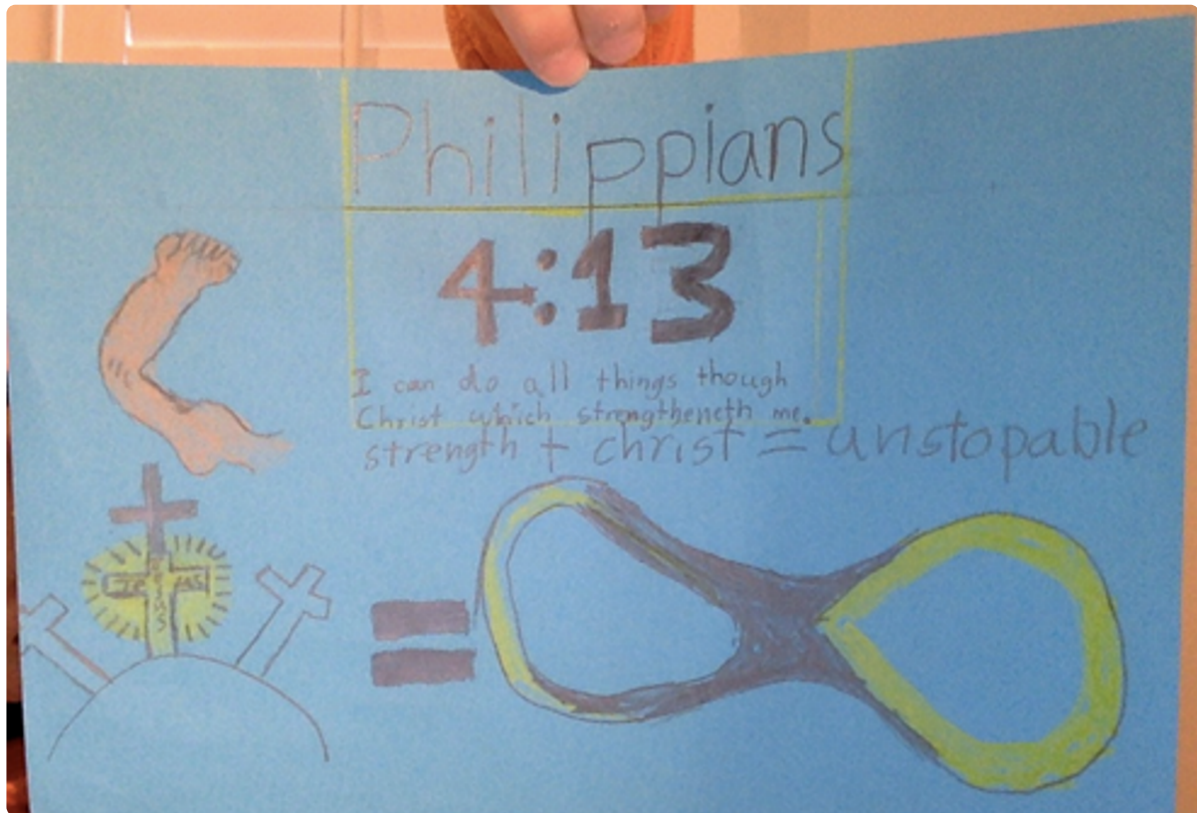
Below is are some *Psalms of Thanksgiving* that the Year 2 students have created after exploring and learning about the Psalms of David.



Psalms by 2IM



Jordan Nah (2H) created a beautiful poster (below) for his favourite memory verse.



Miss Tayla Moss & Mrs Judith Hendricks
 Year 2 Teachers

Careers Education

VIRTUAL OPEN DAYS 2020

Each year, in August, universities and other education providers open their doors to prospective students. This year universities are running Virtual Open Days. Students can join Open Days online from the comfort and safety of their own home and discover how universities can help them achieve their goals.

What can you expect from a virtual open day?

- **Hear from expert teachers** – Chat to academic staff to learn more about your course options and career outcomes.
- **Tour campuses** – Explore campuses and facilities.
- **Find out what a university has to offer other than courses** – Find out about study opportunities, scholarships, internships, study and personal support services, clubs and societies, and events and activities that are held throughout the year. These extras all contribute to what makes university a rewarding and supportive experience.
- **Ask questions** – Make the most of the day to find out exactly what you need to know –What are the entry requirements and pathways available? Are there any extra features in your program - internships, international study tours, industry projects? What types of careers do graduates go into?
- **Compare, compare, compare** – Even if you think you're 100% sold on what university you want to apply to, attend other university open days so you have something to compare it to. It may further cement your decision or open your eyes to a possibility you hadn't considered before.



Each university will have its own point of difference. It might be useful to think of three key questions to ask at each institution to help you compare which one suits you best. You'll be spending a lot of time at university so you want it to be right.

Find the full list of Virtual Open Days 2020 in this PDF:

 [VIRTUAL OPEN DAYS 2020.pdf](#)



CAREERS NEWSLETTER

In this careers newsletter you will discover the latest news from our leading universities as well as other careers resources.

St Andrews Careers Newsletter Issue 10 -

 Careers Newsletter No10 27 July 2020.pdf

Mrs Irena Yevlahova

Careers Coordinator

Virtual Cross Country

St Andrews Students and Staff are currently undertaking a Virtual Cross Country. While some people might be checking the latest COVID-19 numbers daily, I am eagerly looking at the Virtual Cross Country numbers of our students and staff members. As of today the students have tracked a total of 558.9km from 231 entries and Staff 300.5 km from 58 entries.

SACC VIRTUAL CROSS COUNTRY 2020					
Barton		Deakin		Parkes	
159.8		196.0		203.0	
Yr4 Boy (2k)	Christopher Li (34:21)	Yr5 Boy (3k)	Nathan Miao (20:17)	Yr6 Boy (3k)	
Yr4 Girl (2k)		Yr5 Girl (3k)	Christine Kim (19:00)	Yr6 Girl (3k)	Leah Chong (19:47)
Yr7 Boy (3k)	Ethan Gregor (15:37)	Yr8 Boy (4k)		Yr9 Boy (3k)	Andrew Chen (15:56)
Yr7 Girl (3k)	Ruby Baxter (17:09)	Yr8 Girl (3k)	Sofia Lopez	Yr9 Girl (3k)	Kate Courtis (15:45)
Yr10 Boy (4k)		Total Distance Covered by StA Students			
Yr10 Girl (3k)		558.9			

With a bright sunny weekend to come I hope everyone will get outside for some exercise and complete some more kms in the Virtual Cross Country - I wonder if the Staff could out-do the students Km count?

This event is open for another two weeks so plenty of time to keep track of those outings around the neighbourhood and earn some more points for your House. Parkes is out just in front of Deakin and Barton. Come and join in the fun of St Andrews Virtual Cross Country!

Mr Andrew Farmer

Head of PE & Health

Library News

Students - Do you need to do some research while you are at home? Can't get to the library?

We have been given access to the following databases until the end of August, which should help you.

To access these

- Click on the address
- When asked the password is gift2
- You can then browse the resource or search for a particular subject



FOR YEARS 7-12

- **Gale in Context: High School:** The best cross-curricula starter for any year 7-12 students <http://infotrac.galegroup.com/itweb/61book01?db=SUIC>
- **Gale in Context: Global Issues:** A global perspective with daily coverage from newspapers & periodicals from Asia, Australia, Africa, Europe, Latin America etc. English, Health, Politics & International Studies etc. <http://infotrac.galegroup.com/itweb/61book01?db=GIC>
- **Gale in Context: History:** Covers both ancient & modern history topics <http://infotrac.galegroup.com/itweb/61book01?db=WHIC>

- **Gale in Context: Science:** Now features “distance education” feature of interactive simulations <http://infotrac.galegroup.com/itweb/61book01?db=SCIC>

MIDDLE SCHOOL

- **Gale in Context: Middle School:** Designed for years 5-8, also EAL students <http://infotrac.galegroup.com/itweb/61book01?db=MSIC>

PRIMARY SCHOOL

- **Gale in Context: Elementary:** Perfect for Primary students, even Prep & Grade 2! <https://link.gale.com/apps/ITKE?u=61book12>
- **National Geographic Kids:** ideal for all Primary <https://link.gale.com/apps/NGMK?u=61book12>

The links to these are all on the Library page on the HUB.

The library staff hope that these resources will help you with your Continuous Online Learning.

Lynne Marks, Anita Little, Wai-Peng Heath

Library Staff



Keep on Connecting

Year 2 Students connecting for the start of Term 3 via Zoom

My God is SO BIG!

Hello Junior School!

Students from Year 11B homeroom have put together a video for you to enjoy. We hope it brings a smile to your faces, and reminds you that we love you and are thinking of our junior friends we miss seeing at school. We hope you can remember that we have a big BIG God 😊

Blessings,

Year 11B

Preps Connecting Online Once Again



As Term 3 kicked off, Prep students began their Continuous Online Learning with a Zoom connection. Abigail & Alisha shared some images of their joy to be connected with their teachers and classmates again.

Mrs Sonia Sires & Mrs Shellene Pillifeant
Prep Teachers

Year 2 - Continue Online Connections & Learning

Year 2 Students enjoyed their first Zoom back together for Term 3! Everyone had so much fun talking about being strong and courageous and we even had some special guests join us including Mrs Hendricks, Mrs Hughes, Narla and Jane.



The following picture is of another one of our Zooms together. Here we learned how to sign 'peace' in sign language to help us remember and know Gods peace is with us.

'Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving present your requests to God. And the peace of God, which transcends all understanding, will guard your heart and your minds in Christ Jesus'.

Philippians 4:4-9



It's been wonderful to connect together online again after the Term Break.

Miss Tayla Moss & Mrs Judith Hendricks

Year 2 Teachers



Keep on Caring

Year 11 Students connecting with the Junior School students via video message

Food for Thought & Prayer

Dear Parents,

I encourage you to read through the below attachment, a great document from the Centre for Theology and Psychology at Melbourne School of Theology (MST).



Responding to the COVID-19 pandemic

– Some insights from Theology & Psychology

The COVID-19 pandemic is affecting our world and we are all faced with serious challenges. Our team at the Centre for Theology & Psychology offers here a few guidelines that will help us to cope with this new situation and perhaps even thrive and flourish in the midst of uncertain times.

Responding to the COVID-19 pandemic – Some insights from Theology & Psychology

Although written for a Christian audience, I do recommend it for all our community. The article may provide an opportunity to consider God's invitation through Jesus, to accept His forgiveness, protection, love, life and hope.

Friends, if there is anyone who wants to find out more about following Jesus, please contact our CHAPLAIN, Warwick Grant (wgrant@standrews.vic.edu.au), myself or any staff member you connect with.

Blessings,

Mrs Catriona Wansbrough

Principal

Five Ways to Boost Wellbeing During Isolation Take 2!

1. Set boundaries around conversations about COVID-19 or watching the news/social media. You don't have to avoid these but it's okay to limit your exposure or take a break.
2. Schedule online social appointments (1:1 or with a few friends) to give yourself something to look forward to. Nothing to stop spontaneous catch ups as well!
3. Carry out a random act of kindness every day. What could you do, big or small, for someone? Pray for guidance regarding what and whom.
4. Focus on what you can control (anxiety is commonly triggered by what you can't control). What are examples of things you can control?
5. Thankfulness journal – jot down 3 things every day you can thank God for!

And remember...

- Whatever your feelings about this season, acknowledge them without guilt, shame or embarrassment
- Bring any anxiety, frustration, fear or grief to the Cross and look to Jesus – He's constant and in control in this changing and confusing world
- Introverts – look after your extroverted friends! This is probably a more challenging season for them.
- If you are struggling, there are plenty of resources for talkers and texters alike:

- Kids Helpline 1800 55 1800 (for a call or online chat 24/7)
- Beyond Blue and Headspace (online chat or in person)
- Christian Counselling Services (eg. CityLife Community Care, Crossway Lifecare)
- Staff at school - Wellbeing Team, Homeroom teachers



Mrs Jo deMeester

Wellbeing Co-ordinator

Help from the Bible in the wake of Coronavirus

TRYING TO SEE ALL THIS FROM GOD'S PERSPECTIVE

1. **Remember that God is King of Everything.** We don't always understand God's ways – that is why he is God and we are not! The virus hasn't "surprised" God. He is on his throne – he hasn't "lost" control! – **Hebrews 1:8**
2. **God is a "shield" (ie. Protector) for those who trust in him – Psalm 3:3**
Sometimes God saves us from suffering, sometimes he saves us through suffering.
3. **The command "Do not fear" or commands like it appear in the Bible 365 times!** God is present by his Holy Spirit for those who trust in Jesus. **Psalm 56:3** – child-like trust – the kind that Jesus commends.
4. **There is no part of our life that God is not interested in.** We can truly rest in Him! **Psalm 121** – God never sleeps! He is watching over us – day and night.
5. **Jesus has defeated sin, death and all evil. Now is a great time to seriously consider and accept his wonderful invitation to be saved.** For those who have therefore put their trust in Jesus, not even the virus or death itself can separate us

from God and his love. So trusting in Jesus is actually MORE important than avoiding the virus – which of course we also want to do. **Romans 8:38-39**

6. **Even through the virus and all that is happening, God is working for the good of those who love him.** He may even use this virus to bring people to him who, as yet, do not trust in him. Do you trust in Jesus? **Romans 8:28**
7. **We should not be too surprised at an event like this in our fallen world. Genesis 3.**
8. **This situation won't last forever. Romans 8:18, 20 – 23, 2 Peter 3:13** Christians have a certain Hope!
9. **Don't waste energy in worry and anxiety.** Instead - pray – **Philippians 4:6,7.**
Pray especially for our governments and their leaders – **1 Timothy 2:1 – 2a**
10. **Trust God and let him care for you. 1 Peter 5:7**

So walk with Jesus through each day of your life and enjoy God and the peace he gives in every situation – including the one we are currently living through.

Rev Warwick Grant

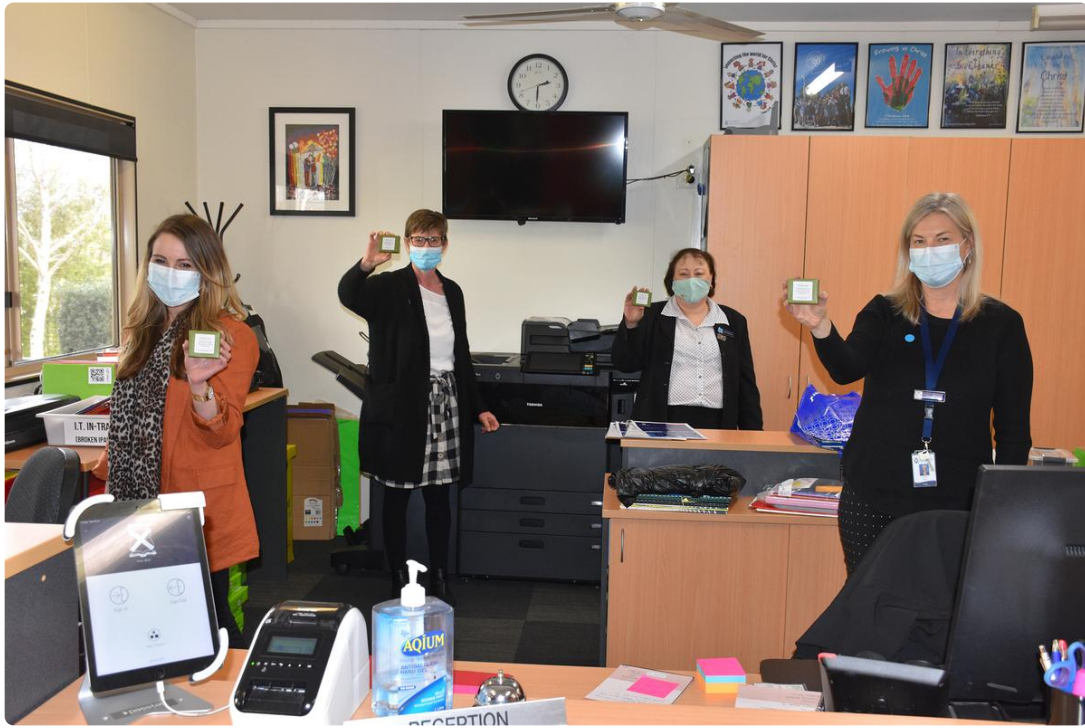
Chaplain

Parent Wellbeing Webinar

Last night the St Andrews College community were presented with an informative webinar by our Wellbeing Team along with special guest Dr Christian, a Children's Chiropractor. For those who missed it, [here is the link](#).

Special Soap Gift

It was a much appreciated gift for St Andrews Staff as they began Term, to be thoughtfully treated by the Tran family from our College Community who brought in some handmade olive soaps to thank all staff for “staying strong and for all our hard work”. All our staff would like to send a big thank you for your wonderful support and encouragement in this time.



*Blessings,
St Andrews Christian College Staff*