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St Andrews Christian College Newsletter 2023

Issue 8 · 04 Sep 2020

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Keep on Learning



Keep on Connecting



Keep on Caring



Principal's Message

Dear Friends,

But the eyes of the Lord are on those who fear Him, on those whose hope is in His unfailing love, to deliver them from death and keep them alive in famine. We wait in hope for the Lord; He is our help and our shield. In Him our hearts rejoice, for we trust in His holy name. May your unfailing love rest upon us, O Lord, even as we put our hope in you. – Psalm 33: 18-22

I don't know how people actually go through life not knowing Jesus! We all have difficult times in our lives, but when you know Jesus, it doesn't matter what you are going through, you know there is hope.

I feel so much for those in COVID lockdown who can't get to family funerals or even get married! My husband and I haven't seen our family in NSW and ACT since Christmas. Our daughter had a baby last week and of course we won't be able to travel to NSW to



help her and cuddle our new little grandson.

I am so thankful for FaceTime and Zoom and relish our times together through technology!

I can only imagine how difficult this time is for all of you as you juggle family and work, or perhaps you are struggling in not being able to work. My heart goes out to you all as you miss families and friends, have disturbed working and education routines, have concerns over the future and unable to travel or exercise and shop as you normally would. Maybe there are health worries, grief over not attending special events or being there to help others. The list is endless.

Please know that you have a family here at St Andrews Christian College that care for your child/ren and for your family. Please contact myself or our Chaplain, Warwick Grant on wgrant@standrews.vic.edu.au if you need help or prayer. Join us on Tuesday evenings at 8pm to pray for each other and the College.

Be joyful in hope, patient in affliction, faithful in prayer. Romans 12:12

May the God of hope fill you with all joy and peace as you trust in Him so that you may overflow with hope by the power of the Holy Spirit. Romans 15:13

Every blessing,

Catriona Wansbrough

Research

Weinglas (2020) references experts that "have observed people experiencing loneliness, anxiety, marital strife, lack of motivation and even guilt over not experiencing negative emotions" and their suggestion of six strategies for maintaining wellbeing and even thriving during the pandemic and social distancing measures. These are: cultivating relationships, sticking to a routine, exercising, helping others, distracting ourselves, and finding meaning in our situation" (Editorial in TEACH JOURNAL of CHRISTIAN EDUCATION VOL 14, No 1, 2020)



SACC News











Don't miss this delightful opportunity to see the musical talents of our St Andrews students on show. Every night for 5 nights a new YouTube video will be posted at 7.00pm featuring students from our Performing Arts Department who will play a selection of favourite songs on their chosen instruments.

Performance Week starts as below and a daily reminder will be sent to you each afternoon with YouTube link and nightly programme.

Please join us for 5 nights of musical delights!

Night-1:	'Strings '	Monday 7th Sept
Night-2:	'Brass'	Tuesday 8th Sept
Night-3:	'Woodwind'	Wednesday 9th Sept
Night-4:	'Piano'	Thursday 10th Sept
Night-5:	'Vocal/Guitar/	Friday 11th Sept
	Bass/Drums'	

Celebrating God's Creation and Art

I am so pleased to celebrate with Inseo Yang from 5L on the selection of her painting of an owl, in a competition run by the International Owl Centre, reproduced to both hang as a set of greeting cards and a banner in Minnesota USA for the next 5 years.



Uhu the Eurasian Eagle Owl checked out the owl art show at the International Owl Center, Minnesota USA which featured a painting by Ineso Yang of 5L.



Inseo demonstrated both persistence, her love of birds and a willingness to use her God given creativity to paint a beautiful painting of an owl. Congratulations to Inseo Yang.



Sally Darlison

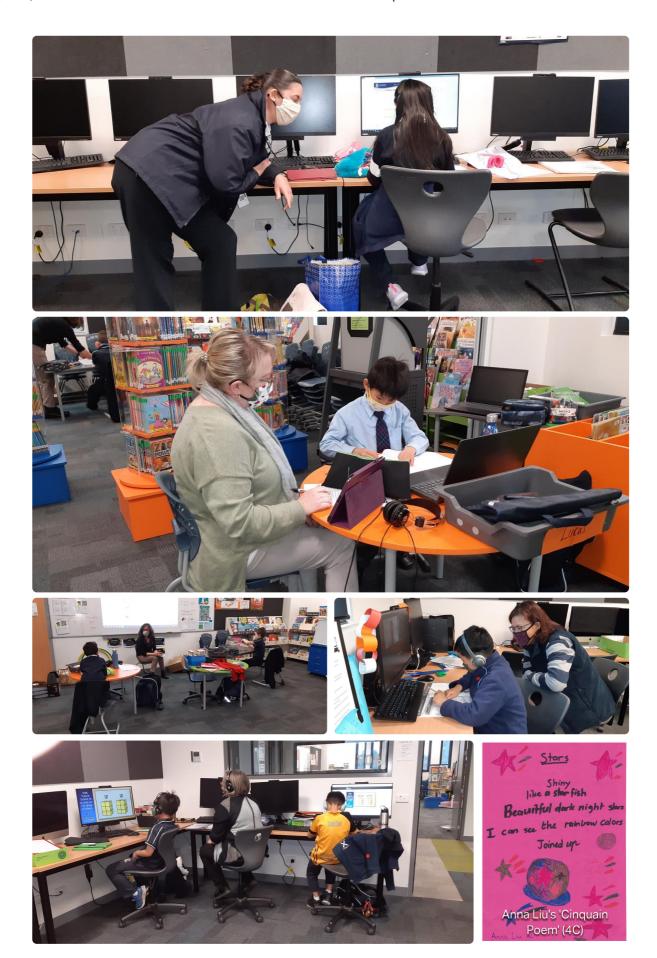
Junior & Middle School Art Teacher

Building on, Trusting in God and Working together.

"There is unwavering peace today, when an uncertain tomorrow us trusted to an unchanging God" - Anne Voskamp.

This season is an opportunity to really lean in and trust God despite all that is going on around us. We are so grateful that we serve a God who is in control and who is not surprised by the circumstances we find ourselves in. May you know God's peace despite the storm.

Continuous Online Learning has continued to change and adapt with time and experience. We are aiming to address the needs that arise and partner with parents to ensure students continue to grow and develop. Stage 4 restrictions have greatly impacted the number of students able to learn on campus. This has meant that there have been changes to how we are currently supporting many students.



Wendy Punay and some of the Learning Assistants are continuing to provide supervision at school. All Learning Assistants are now also scheduling regular Zoom meetings with many students who may need additional support to access their learning, encouragement

to keep going, or someone to chat and check in with. This not only provides support to parents who may be finding this season stressful or difficult, but also provides an opportunity for building relationships, and ensuring that learning is continuing.

If you need further support or help please email Learning Support:

Shirley Gillie - Head of Learning Support: sgillie@standrews.vic.edu.au
Wendy Punay - Learning Support Teacher - Primary: wpunay@standrews.vic.edu.au
Kerryn Terrington - Learning Support Teacher - Secondary:
kterrington@standrews.vic.edu.au

Shirley Gillie

Head of Learning Support

Year 7/8 Sports Championship Kahoot



On Tuesday 11th August, the Year 7s and 8s competed in a series of sport Kahoots. The topics that were covered were basketball, football and soccer. Over 100 students competed against their friends for the leaderboard.

After the first three Kahoots, there was a finals championship between the winners of the three topics. The results were the as follows: first place, Jehan Brito-Babapulle (8C), second place, Ethan Gregor (7C), and third place Sidra Dharmadasa (7H).

Everyone had lots of fun competing and it was wonderful to see everyone's faces during lockdown. Seeing everyone again felt like we were all together; that we weren't really isolated, and it reminded us that there is a strong community at our school. The sense of community is much needed and appreciated during this hard lockdown and period of isolation. Events like these bring people back together.

Hannah Connolly

8C Student

CSEN Mastermind Primary Championship

Unusual times require unusual methods and the annual CSEN Mastermind Primary Championship was no exception. Usually an excursion full of quiz style questions broken into 5 subject areas, this year students competed via Zoom rounds throughout the day.

The morning started out well despite a few technical hiccups and students competed with a great attitude even when they got dropped out of their Kahoot games. It was encouraging to see our students so involved and enjoying this unique version of the Mastermind Competition.

For the second year running, our Primary team brought home first place!

Congratulations to the team:

Science: Nathan Miao & Jayden Khor

English: Ethan Wang & Naomi Law

Maths: Joshua Deng & Louis Sun

HASS: Annika Li & Joanna Kwe

General Knowledge: Daniel Lee & Joseph Zhu

"I was quite nervous at first but as the competition went on I started realising that maybe I did have a chance. And we did! We came first in the competition. Thanks to all the teachers for organising it. It was fun." – Ethan Wang

"It was fun and enjoyable to see other schools compete." – Joshua Deng

"It was a great game. Everyone showed great teamwork and perseverance. I hope I can do that again, it was a tough but fun day. I would also like to take the chance to

say a big thank you to other schools for trying their best and being a great team player." – Louis Sun

"It was thanks to God that we won and got an opportunity to compete in the CSEN masterminds competitions." - Joanna Kwe

CSEN Mastermind Secondary Championship

Our secondary team competed on Monday for the CSEN Mastermind Championship. They came a very close second to Waverley CC (by 1.5 points). It was great seeing the students represent St Andrews so well – not just in answering often obscure questions, but in their conduct and manner during the competition.

Well done to the team:

Andrea Chai

Michelle McCabe

Sophia Tran

Roselyn Kho

Jase Paul

Kayle Dharmadasa

Charlie Lamperd

Julia Pajor

Nathan Kong

Travis Lam

Kerryn Terrington

Learning Support Teacher



Parents' Info

Weekly Parent/Staff Prayer Zoom Meeting -

Tuesdays 8:00 - 8:45pm

Dear St Andrews Community,

Oswald Chambers asserts, "Prayer does not fit us for greater works; prayer is the greater work."

You are all welcome to join us as we pray for St Andrews Christian College and all our community – students/staff and families.



There is a St Andrews Weekly Zoom Prayer Meeting hosted on Tuesday Nights from 8:00pm – 8:45pm. Our next meeting will be held Tuesday 8th September. Together as a community we can express our thanks to God, as well as praying for our world, College and each other.

In this way, we can continue connecting and caring for each other. No one should feel that they should pray aloud if they would prefer not to. Just pray in your heart as others lead us.

You may like to write your prayer points in the "chat" section of Zoom and during the evening we will be sure to pray for those things. Please mute yourself, unless you are speaking/praying so we are not battling with background noise during this time together.

So please join our College Chaplain Warwick Grant and myself in time to commence at 8:00pm. We will conclude at 8:45pm, but feel free to leave earlier if you need to. Details to join the meetings are emailed to the College Community each week.

Blessings,

Catriona Wansbrough

Principal

Father's Day Webinar Success

Has your teenager ever said to you:

"You just don't understand" or "You don't love me"

Or sometimes do you feel you are not connecting with your child?

The St Andrews CC Fathers' Day Webinar took place last night and was a wonderful evening for those who attended – it not only encouraged fathers but all parents!



You know that I love you don't you?.pdf



Blessings,

Catriona Wansbrough

Principal

Remote Learning Until The End Of Term 3

Dear Parents,

The government announced that schools would do remote learning for 6 weeks, and at this stage we do not know when the restrictions (*STAGE 4 LOCKDOWN*) will be lifted.

Just to help staff and parents plan, St Andrews Christian College will extend our remote learning program until the END OF TERM, 18th September 2020.



Hopefully we will be back together again next term!

"You will keep in perfect peace him whose mind is steadfast, because he trusts in you. Trust in the Lord forever, for the Lord, the Lord, is the Rock eternal."

- Isaiah 26:3-4 (NIV)

Keep focussed on Jesus – He will help you through this difficult time.

Shalom,

Catriona Wansbrough

Goodbye CareMonkey, Hello 'Operoo'

As of Monday 10th August 2020, CareMonkey is now known as '**Operoo**'.

Importantly, when CareMonkey becomes **Operoo**, you won't have to change anything about the way you use the product.



Until the 'Operoo' app is available, the CareMonkey mobile app will continue to work as normal.

Please remember to update 'Operoo' with any changes of contact, address, emergency contacts and/or medical conditions.

Cheryl Pajor

School Nurse/Student Services Administrator

Online Wellbeing Support For Families

The Victorian Government is helping parents and carers manage home learning and stay resilient during the coronavirus pandemic by providing a range of free online resources.

Minister for Education James Merlino introduced child psychologist Dr Michael Carr-Gregg for a webinar on Tuesday 25 August – and following high demand, a second will be held, Tuesday 15 September – aimed at providing parents and carers with practical skills, knowledge and strategies for managing the lockdown period and remote learning.

The webinars will focus on strategies and tools to help families manage their wellbeing, including establishing a supportive parental role and dealing with uncertainty and disappointment. Families will have an opportunity to ask Dr Carr-Gregg questions.

The Government has also partnered with *Raising Children Network* and funded a 10-episode podcast called 'Raising Learners' featuring parenting experts from organisations including the Murdoch Children's Research Institute, Career Education Association *Victoria* and eSafety Commissioner, Julie Inman-Grant.

Raising Learners will provide parents with practical advice, tips and ideas for supporting children's health, wellbeing and engagement at school. Topics will include connecting with your child's school community, how to best support your child's learning, what to expect for VCE and VCAL students and how to keep your child safe online.

These themes were drawn from common parent questions received by the Department's coronavirus hotline and Parentline. The first three episodes will be launched on 1 September, the remaining episodes will be available throughout Term 3 and 4. Raising Learners will be available via Raising Children Network and podcast apps.

Following an unprecedented response with more than 12,000 registrations, a second webinar will now be held on Tuesday 15 September at 7:30pm.

Places are still available for *Managing the Coronacoaster – Tips for building resilient* families webinar on Tuesday 15 September at 7:30pm. For more information and to register click the button below.

Quote attributable to Minister for Education James Merlino

"The health and wellbeing of students and families is particularly important during this uncertain time. That's why we're providing tailored resources to help parents and carers support their children – and themselves."

Quotes attributable to child psychologist Dr Michael Carr-Gregg

"Coronavirus has turned the lives of many Victorian families upside down, asking them yet again to navigate a new reality of remote learning, working from home and for some, financial hardship.

"Never has it been more important to provide families with simple, practical and evidence-based strategies to help them maintain the family's wellbeing and build

resilience."

Quote attributable to Raising Children Network, Executive Director, Professor Julie Green

"All parents need support to help their children thrive, and podcasts are great ways to deliver engaging, reliable and credible information on topics that are on parents' minds. Raising Learners will focus on how parents can support their children's learning at school, and at home."

Adjustment to School Fee Accounts

At last week's College Board meeting, it was approved for any outstanding **Parent Participation Hours** for 2020 to be reversed. We are now analysing the fee accounts, and where applicable, a credit will be processed.

We have also reversed the **camp levy** for Years 3, 4 and 8, which unfortunately will not be taking place. There will be further credits to fee accounts, in particular for excursion levies when we know what excursions and events will take place during Term 4.

For those who have monthly or quarterly direct debit payments processed by the College, we will adjust your final payment in line with any credits that have been processed to the fee account during the year.

Darren Waterworth

Business Manager

A Message from the PFA

Dear Parents,

On behalf of the Parents and Friends Association (PFA) we hope that all families are keeping healthy and in good spirits in during the Stage 4 COVID-19 restrictions and remote learning environment.

The COVID-19 social distancing and other restrictions continue to provide a safeguard to the well-being of the community. St Andrews Christian College PFA encourages families to stay in contact with each other during this unique period of time to reduce the sense of isolation that some people may experience from reduced physical social interaction. There are a range of social media platforms through which families can stay connected and stay informed about each other's activities.

We encourage all families to complete the St Andrews Christian College Satisfaction Survey 2020. The College has engaged Vividus Marketing to conduct the Survey and all responses are treated as strictly confidential. The Survey enables families to provide feedback to the College on a range of matters and is an important means through which the College can gain insights into the views of families within the School community.

Our thoughts and prayers continue to be with all families affected by the COVID-19 environment and the PFA will look to resume activities as the COVID-19 restrictions are relaxed and we believe that we can safely arrange for the College Community to reengage with each other in relevant activities.

Best Regards,

Andrew O'Brien

PFA President

Closed Circuit Television (CCTV) Cameras

We have recently installed CCTV cameras in the Year 9/10 locker bay and the drum tutor room in the Multipurpose Hall. Signs have been installed advising that cameras are operating in these areas. Although there have not been any incidents or issues of concern, the cameras have been installed as staff are not located near these areas to give regular supervision. There are no other cameras anywhere else in the College.

We have an obligation to ensure the College environment is safe and secure, and fulfil duty of care to students, staff and visitors. The CCTV system exists to assist the College to fulfil these obligations and to prevent and manage other inappropriate behaviour on College grounds. CCTV strengthens security by providing an appropriate level of surveillance of staff, students and visitors on the College grounds.



Records Office Victoria.

The system is only available to the College's Executive Leadership team, maintenance and IT staff. Footage captured by the cameras is kept for 30 days. If an incident was captured by the cameras, this footage would classified as a 'record' and kept as allowed by the *Retention* and *Disposal Authority* published by the *Public*

If you have any concerns or need any further information, please do not hesitate to make contact with me.

Darren Waterworth

Business Manager

2020 Vividus Satisfaction Survey

As part of our ongoing commitment to continuously improve the College, we believe it is critical to seek each parent's feedback and perceived satisfaction. Your feedback is very important and will assist us as we respond to issues and continue to build a school that is a leading provider of Christian Education.

As such, we have engaged the professional services of Vividus Marketing to undertake an independent, strictly private and confidential satisfaction survey on our behalf. The survey should take approximately 10 minutes and will need to be completed online between Friday 21st August – Friday 11th September, 2020.

There are no right or wrong answers and we simply ask that you communicate openly and honestly to each statement.

Please note that this survey will be confidential. No member of the staff will have access to your individual responses. Vividus Marketing will independently collate survey results, and provide a summary of results to our Executive Leadership Team and College Board.

If you have not received the email in your inbox, please check your "junk/spam" inbox, and email addresses of family members.

While we encourage you to participate, this survey is not compulsory. If you decide that you do not want to complete the survey, or do not want to receive reminders for this survey, simply click 'Unsubscribe' at the bottom of the email. If you have any questions or concerns regarding this survey please contact Jason at Vividus Marketing on jason@vividus.com.au or the College.



Keep on Learning

PRIMARY MUSIC

Build your Life on Jesus!

The prep students in music class have been learning about the way music is used to communicate meaning. Last week students listened to a song by Colin Buchanan and had to write or draw about what the music was about.





There were some BEAUTIFUL examples of their work reflecting on what it means to build our lives on Jesus! This is super important through these tricky times, so be encouraged, and keep looking to the Lord in all things!

This week, their task is to choose a favourite picture book and create their own music as a backing track (using a kids music website for composition play).

Here is a fabulous reading by Kayla, of the first half of Jonah. She has used some great music choices. It made my day, so I hope it blesses yours too! God bless,

Rachel Ranger

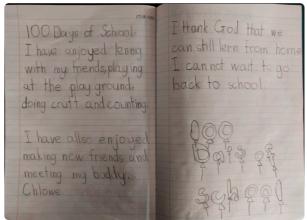
Primary Music Teacher

100 Days of Prep

Preps celebrated their 100th day of school on Monday 17th August. Below is a video message sent out to them with photos and special messages from St Andrews staff.









STEM in the Junior School

I have been so proud of the way our students have adapted to their new style of learning. In my role as STEM specialist teacher in the Junior School we have had to be very creative with our activities. The students have been working on cardboard arcade games and models of amusement parks. Some of the results have been incredible and shows how necessity is really the mother of invention.









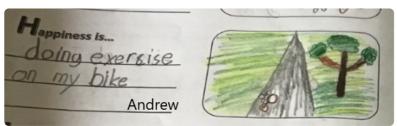
The reflection of a creator God had been so beautifully displayed in the students' ability to tap into an amazing level of creativity and ingenuity. I want to commend all the students who are embracing and creating in this season of learning. We as teachers are so proud.

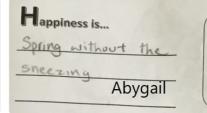
Yvonne Hughes

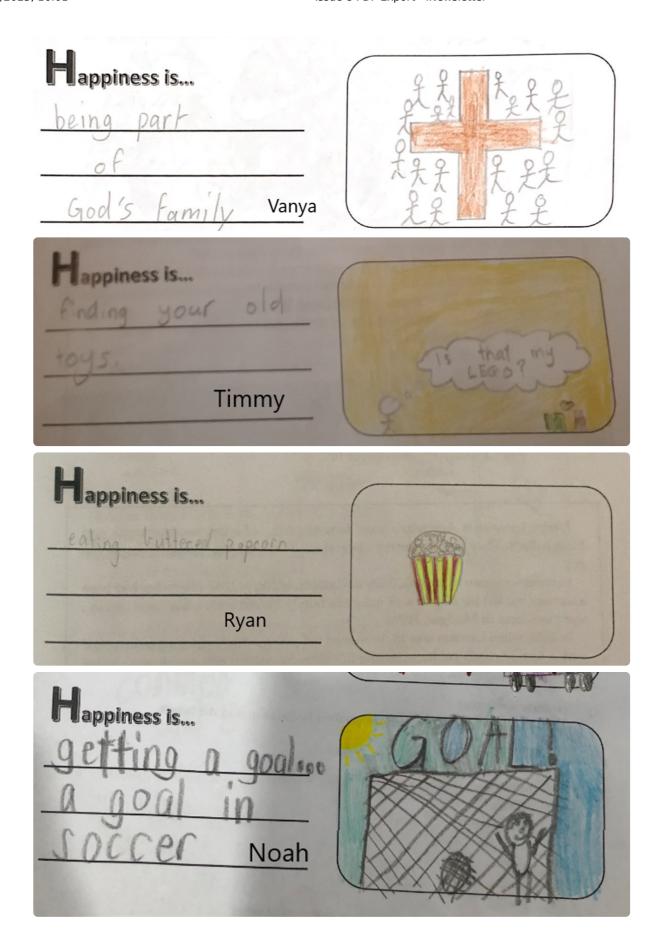
Head of Junior School

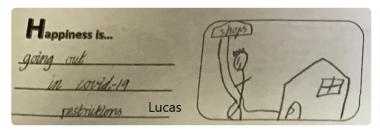
Happiness in Year 4

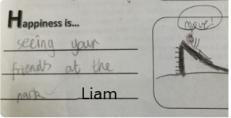
The Year 4 students wrote about Happiness for one of the writing activities this week as they continue exploring poetry this term. We have done free verse on Happiness and here are some snippets to brighten your day!

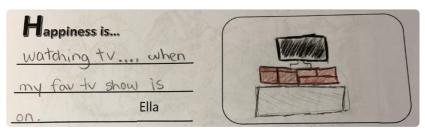


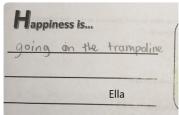












Happiness it being able to have God in your heart and have strength, hope and wisdom – **Gabriel**

Happiness is being grateful for my Dad's friends because they organised to have meals delivered for his birthday – **Micah**

Happiness is playing outside with my sisters, Leah and Kayla - Marcus

Happiness is having an indoor fire going on at home - Nathan

Happiness is when the COVID 19... has gone away - Declan

Happiness is a Friday afternoon when we leave on-line learning - Jonathan

Happiness is when we are all back learning together at school – Mrs van Heerden

Happiness is finding the iPad charger - Elva

Happiness is Coronavirus... after you recover - Aisha

Happiness is waking up with messy hair... and then you make it neat - Lorena

Mrs Gail van Heerden & Mrs Paige Cheung

Year 4 Teachers

Year 5 Poetry - Cinquain Poem by Zachary C of 5S

Cosmos

Vast worlds

Gigantic stars, Magical galaxies

Contained in one whole universe

Cool huh!

SPORT

Primary Athletics

The Primary School has launched their first ever "Virtual Athletics". Students earn points for their School House with each activity they complete, with some of the more difficult activities earning bonus points. So far Barton is in the lead with Deakin close on their heels.

Check out Jovelyn Ng (Prep) and Zoe Appleby (Year 1) smashing their 100m sprints from home.

The Virtual Cross Country finished with amazing results!

The SACC staff challenged the students to a "Virtual Cross Country" to see who could cover more distance during isolation. The staff completed 303 walks/runs with a total distance of 1574km covered. Special shout out to Mr Swanborough who submitted over 120kms worth of runs!

"Awesome work everyone for your Cross Country efforts! You guys all hit it out of the park with your entries. Look after yourselves – stay safe and stay active!" – **The Sports**





HOUSE PLACES

1st Place WINNERS = Deakin

2nd Place = Parkes

3rd Place = Barton

BEST INDIVIDUAL TIMES:

	BOY	GIRL
Year 5	James Kwon (11:35 – 3km)	Cynthia Demunk (11:38 – 3km)
Year 6	Joshua Deng (11:27 – 3km)	Katie Yee (16:39 – 3km)
Year 7	Ethan Gregor (13:24 – 3km)	Ruby Baxter (14:49 – 3km)
Year 8	Joshua Lam (22:50 – 4km)	Laura Hooi (13:49 – 3km)
Year 9	Andrew Chen (15:00 – 4km)	Kate Courtis (15:40 – 3km)

Well done everyone!

St Andrews Sport Department

What I have learned and treasured during lockdown

During this lockdown we have had many opportunities to learn and grow our knowledge. One of the actives my family have been doing is a mini garden in our mailbox for a bit of colour on the street.

I took about 4 days to complete all the elements but now it is finished many people stop to look at it. It was fun making it and designing the elements to create it, but the one thing I took away from this project is the smallest things can make a big



impact. We have noticed many people stopping to look and enjoy the colour. Sometimes the small things can turn everything around so it is just as important to see the smaller picture as well as the bigger picture.

Summer McKenzie - 7H



Something I learnt during lockdown is that we need to be really organised on a daily basis, so we can complete all our work on time. Something I also learnt during lockdown is that even though we have to work really hard, we can still have lots of fun with our families, doing things like baking and watching a movie together. Most importantly, I learnt that God

is in control, of things that we can't control and we can have faith in Him to deliver us from this pandemic.

Emily He - 7H

During online learning, I have learnt that you have to leave things be and let God be in control. Don't get stressed about a situation, adjust to it. Everything that happens is planned by God. God is not surprised by anything and will always be in control.



ART

Year 4

Year 4 students have created some great self portraits in the style of Julian Opie.



Year 5

Sunny Lai of 5S worked hard and put in a wonderful effort during his art lesson while on Campus this week.

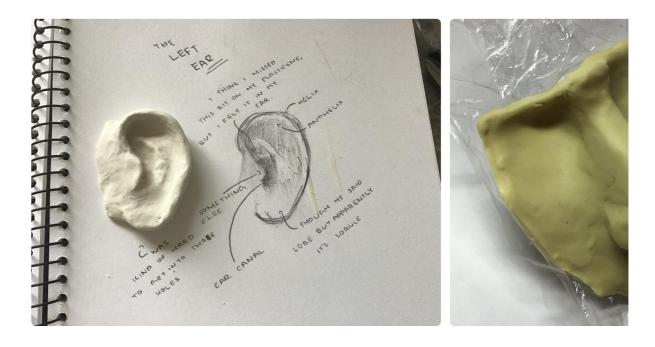


Year 6 Cardboard Contour Portraits



Year 6 Sculpting Practice

We've seen some amazing works as the Year 6 students have been completing their sculpting practice.



Year 7 Paper Animations

Working on 'Story development'



Alannah Li

Year 9 Portraits

Year 9 Art Students have been working on a Portraiture Unit during continuous online learning. Many students have thrived in their home environment, as they have learned new skills and overcome the personal challenges of independent learning. It's remarkable what the students are capable of achieving if they set their minds to it, but most of all, it's a privilege to see their reignited confidence when they discover their God-given creative giftings.



Tom GibbsSenior School Art Teacher

Careers Education

YEAR 10 HIGH SCHOOL CANCER MASTERCLASS

The High School Cancer Masterclasses is an educational outreach program for Year 10 students. The program helps students develop a foundational understanding of cancer and extends their knowledge beyond the usual Year 10 science curriculum.



During tutorials, tutors cover topics ranging from the basics of cell biology to the treatment and prevention of cancer. Our tutors are Anna Gabrielyan, a PhD candidate in Medicine and Health Sciences at the University of Melbourne and Akanksha Mahajan, Bachelor of Medical Science and Doctor of Medicine (BMedSci/MD) student at Monash University.



Hi! My name is Anna Gabrielyan and together with Akanksha Mahajan we deliver the program to St Andrews students. Due to the COVID pandemic, the program is via Zoom. Our Masterclasses are on Wednesday afternoons and we've already completed three masterclasses: Basics of Cancer Biology, Causes of Cancer and Cancer Prevention & Screening. In our next class we will look at Cancer Treatment and finalise the topic for students' presentation 'Cancer Project'. In my own research I focus on cancer cell death. I am specifically working on targeting proteins to induce cancer cell death. I am currently in my last year of PhD and am planning to continue my career on cancer research.

It is a great pleasure for us to work with a group of young and curious students from St Andrews Christian College and their friendly teacher Irena Yevlahova.

INSPIRING YOUNG SCHOLARS

The Kwong Lee Dow Young Scholars Program is an academic enrichment program designed to support high achieving Victorian students.

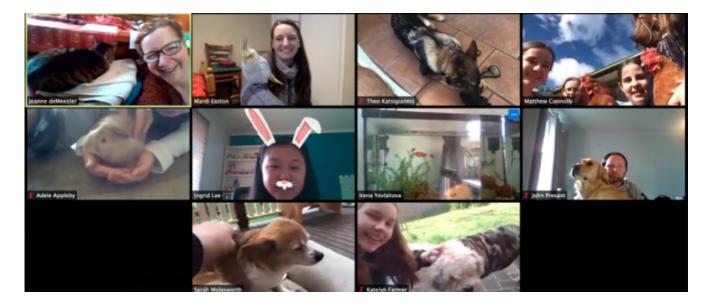


The Program offers the chance to sample student life first-hand, and the opportunity to build strong peer networks that will support students throughout their final years of secondary school and during your transition to university. Selection occurs in Year 10 on the basis of the students' academic performance, community contribution and leadership skills.

Five outstanding St Andrews Year 10 students have been nominated for the Young Scholars Program. Congratulations to Sarah Farmer, Julia Pajor, Andrea Chai, Caitlyn Smith, Roselyn Kho on your nomination. We are very proud of your achievements and wish you all the best with your applications!

Mrs Irena Yevlahova

Careers Coordinator



Keep on Connecting

Senior School Pet Morning Tea

Senior School Fun Times:

A Great Bake-off and Pet Morning Tea

A Staff vs Student Bake-off provided for some fun and entertainment in the Senior School recently. The Program involved:

- One team member to cook something savoury and one to cook something sweet
- Theme: Food with a story eg. childhood memory (which you can share if the MC asks)
- Timing:
 - 10 minutes to prep (ingredients can be placed ready but not measured out yet). If ingredients need to be heated before mixing (eg. melting butter) this should be done during prep time.

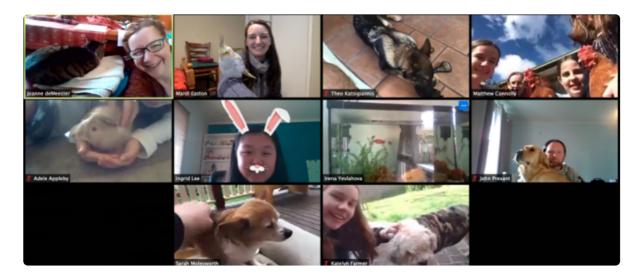
- 10 minutes cook/bake time
- Catch: Chef 2 cannot start prep until Chef 1 has finished their prep and put their dish in oven/stovetop

There was talent and passion in these collective kitchens that would have made Chef Manu proud!

Two student teams (Amber and Ella accompanied by sister chefs Carla and Danica) and one teacher team (Miss Easton and Mrs deMeester) cooked up a storm, with an amazing range of deliciousness including pasta, Anzac biscuits, corn fritters and exotic South African delicacies.

The judges looked dapper in their formal attire (Katelyn, John, Tim, Ricky, Mrs Wansbrough and Mr Farmilo), and their wit and banter, coupled with Mr Presant's dynamic hosting, took the event to new heights of culinary entertainment.

Congratulations to Amber and Ella for winning the People's Choice award and special thanks to all who participated and watched. So engrossed we all were in the food that no one thought to capture the event with a photo, but it will remain in our hearts, minds and imaginary taste buds.



More recently, quite a menagerie of pets joined Senior School for morning tea one day, from fish and chickens to cockatiels, cats, dogs and rabbits! We enjoyed some fun conversations about our pets' names, as well as their good and bad habits (but thankfully did not see any bad habits on screen!)

Mrs deMeester

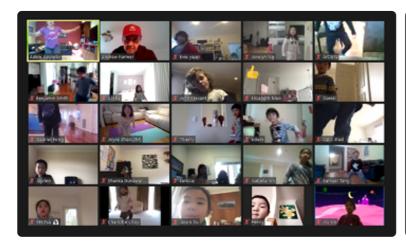
Wellbeing Coordinator & Senior School Teacher

Fitness and FUN! Zoom Sessions

Mrs Appleby is hosting "Fitness and Fun" Zoom sessions sometimes with over 50 participants which has been quite the hit. These Fitness and Fun sessions are running twice a week on Zoom for the Preps, Year 1 and 2. This week saw students doing some junior athletics, throwing, jumping and running all from their living rooms.

"Fun and Fitness is a session we run for Preps, Year 1 & 2 on a Wednesday and Thursday afternoon from 3-3.30pm. It's a fun and movement filled session with the children to get them moving, stretching, balancing and all things 'not-related-to-sitting'.

Each session includes movement that gets our hearts pumping, stretching to loosen tight muscles and balance and yoga moves to reconnect our brain and body. While all we use is a small space, so the children can see me and their friends on Zoom, we also use our imagination to take us out into God's big wide beautiful world." – Mrs Appleby



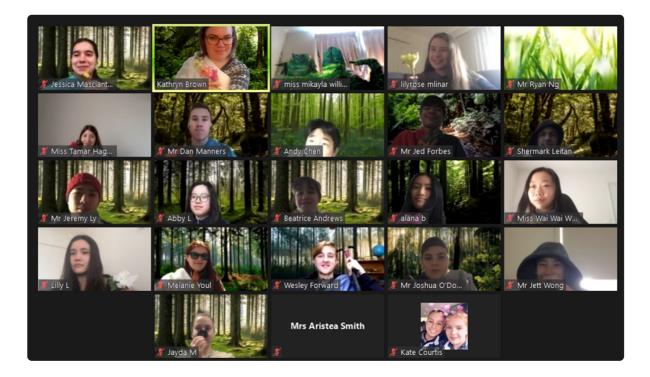


Andrew Farmer

Head of P.E. & Health

Year 9 English Class

Year 9 students are reading Shakespeare's A Midsummer Night's Dream in English. Last Friday afternoon we got into the spirit with Grecian togas made from sheets and towels, forest backdrops, and even some 'magic' flowers and mechanical props!



Kathryn Brown

Senior School Teacher

Lunchtime Tennis Finals

Tuesday August 11th saw some of our students (who are attending school) out enjoying the sunshine at lunch time. There were 10 students from Prep to Grade 5 and they were all playing together. They were having a tennis final!

Lucas 1L – I liked watching them play.

Sunny 5S – I was having a winning streak!

Lorena 4V – I thought it was a wonderful time to play tennis especially with the sun shining so brightly. The game was fantastic and everyone had 1 turn at least.

Rafael 2M – I was in the tennis finals once. It was COOL Bro!

Ledison 2H – I like that there was a tennis final at lunchtime and it was Angus vs Me in the final. I had so much fun and wish that I could do it again.



There was a ref, a ball boy and they were playing to 15 points with plenty of replays. The students were all engaged and patiently waiting their turn, which some of them never got to have. A few took to other things but mostly they stuck together which was lovely to see.

Loueen Swank

Keeping Connected Through Music

St Andrews students Joshua, Cynthia and Gabriel have been staying connected during these lockdown times through their love of music. We hope you enjoy this beautiful musical piece they have so creatively put together.

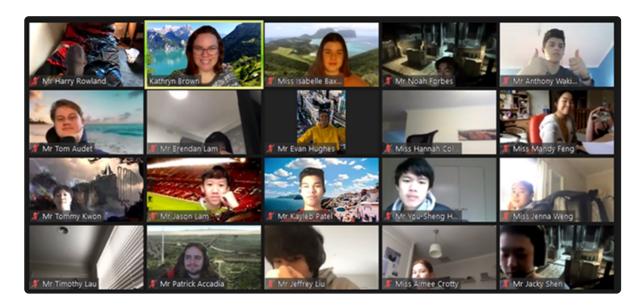
During the lockdown period, something that I miss a lot is the ability to play music together with my friends and especially the string orchestra at school. Because of this, two of my good friends, Joshua Chen (4C) and Cynthia Chen (4C) decided to play a piano trio piece that was edited together by my brother. This was three individual video clips of the same piece, Minuet from Miniatures by Frank Bridge, and later on, edited together to sound like one whole piece by my brother. Below is the video and I hope you enjoy listening to it!

Keep safe and I hope to see you soon again at school!

Gabriel Liu (4V)

Year 11s Travelling

Last week the Year 11B students went travelling...virtually!



I think Harry had the greatest idea. We all shared photos of 'places we wish we could be'. Harry's was his bed. Well played Harry, well played.

Kathryn Brown

Senior School Teacher



Keep on Caring

Charlotte Choy in Year 1

A Thankful Heart

Here is a lovely message to brighten your day from Charlotte Choy in Year 1.

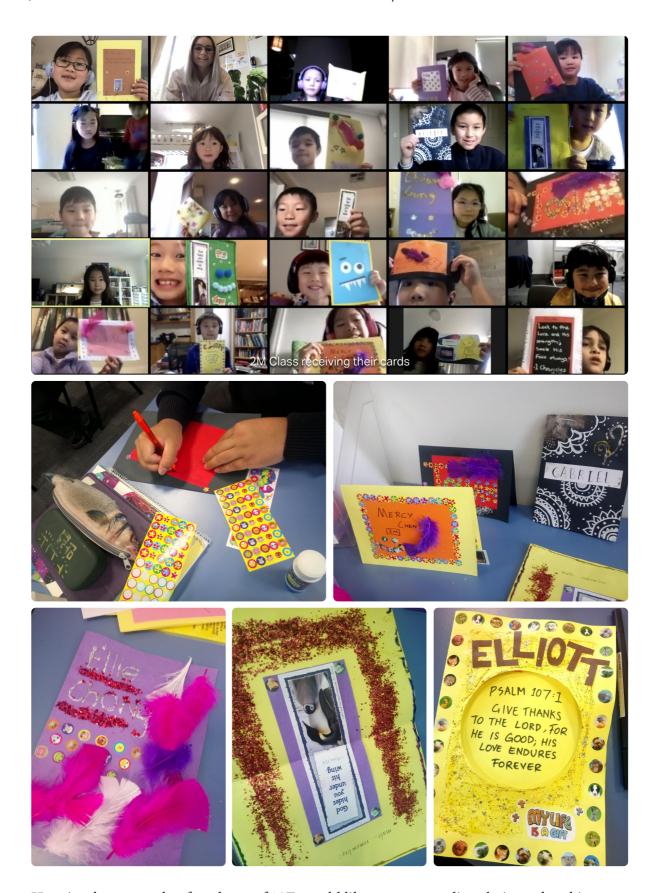
Gaye Jones

Year 1 Teacher

Connecting with CARDS

In Term 3, just before we were told to go into stage 4 lockdown, students of homeroom 10F came up with an idea of making personalised cards as a mode of connecting with their buddies in Year 2. The idea was to encourage our young students to stay strong and persevere with trusting in God at all times. Once the Year 2 students received their cards as a snail mail, Miss Moss, their homeroom teacher emailed this message to 10F.

"I just wanted to say thank you to you and 10F for the cards, the kids loved receiving these and it brought big smiles to their faces!"



Here is what a couple of students of 10F would like to say regarding their card making experience.

A few weeks ago, our Year 10 class wanted to bring some joy into our Year 2 buddies' homes by making them all a card each. We wanted to make each card special for each student so we used lots of different resources and materials such as glitters, coloured

papers, and even stickers. 10F spent a lot of time trying to make them the best we could to bring a smile to the faces of our buddies. Once we made them, we wrote a personalised letter on the inside and some also included a Bible verse to remind them to always trust in God. We stamped them and sent them off to their homes.

Kiriaki Katsigiannis

Making cards for class 2M was a fun and special experience for all of us. It was a wonderful way to end the physical school term. And it brought joy to us as a homeroom when we saw that they had received the cards and that they were full of smiles. **Travis**Lam

May I also take this opportunity to thank all staff members who shared their resources like glitters, stickers, coloured papers, Bible verse stickers and many more with us. As a community we all wanted to connect with our little fellas.

Louis Fernandes

10F Homeroom Teacher

Thankful for our Healthcare Workers

Joshua Chen and Gabriel Liu have put together a rap to help encourage and thank the healthcare workers who are working hard to keep the community safe at this time.

WELLBEING

Find rest oh my soul, in God alone

I recently shared my testimony to encourage others in our staff morning devotions. I'd like to share it with you here also, that you may be encouraged to find rest in god alone.

The last five years of my life has not been a very easy time. The Lord has blessed me in my work during this time, but family life has been devastating to me. It has left me in deep and dark waters many times. The Lord has been after something in me through this. He has been **looking for something**, waiting with **such patience** that I find hard to believe. He has taken me through many lonely times, even through the valley of the shadow of death, where I feared for my life. And through all of these times He has been trying to get at something in me.

A year ago, I broke my leg quite badly and this left me with a painful time, where I was in a most vulnerable and lonely place. I knew that the Lord was trying to get to me. Trying reach me, but somehow, I did not find what He was looking for me to see. Somehow my sight was on the wrong thing. I still did not learn.

Then came COVID Mark I. And I knew that the Lord has brought this to me again. In His mercy He was still trying to get at that thing in me.

And I still did not learn. I wanted to learn, I just didn't know how.

And then came COVID Mark II, and I cried out to the Lord! And He heard me, and has changed my perspective.

You see, Christ learned obedience through the things that he suffered.

Son though he was, he learned obedience from what he suffered - Hebrews 5:8.

The first time that I saw that, I was blown away - He learned obedience! What? I thought He *was* obedient! He was preoccupied with fully drinking the cup that the Father had for him. I love that! He was able to fully trust the Father even to the point of death. **He chose ONLY obedience** to the Father's will.

The Lord was wanting me to trust Him with every area of my life. To not hold back. To fully trust him every day. To count ALL things lost, ALL THINGS, that I might know Him. To me this is to be completely reliant on the Lord for all things. And in this, He is causing me to flourish, even in this COVID time. He is causing me to find my life in Him, to be leaning into Him.

My life is not to be in a holding pattern at this time. Not waiting for COVID to get better, or for me life circumstances to get better, or for my family to be fixed up. He wants me to flourish at this time. To bear HIS fruit at this time. We are not to be ones who draw back, but draw into Him at this time.



The Lord has taken the weight of my perspective, so that it no longer holds me. He has set my sight on Him, rather than on my circumstances. He has drawn my eyes to Him, my way of seeing things has changed. He has taken the weight of what I think is important, and lifted it as He lifted my eyes to Him.

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, 2 fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. - **Hebrews 12:1-2**

Find rest oh my soul in God Alone.

I want to encourage you. Press into the Lord at this time. Do not live in a holding pattern, full of fear and anxiety. For He has not given us the spirit of fear, but of Love, Power and a sound mind. Let us throw off the weight of our perspective, and look to Him that we may flourish in Him.

Rolland Hall

Head of Digital Technologies